



WELLNESS COMMITTEE MEETING  
JUNE 6, 2023

SIGN-IN SHEET

Trisha Snook - Trisha Snook Charyn Hall - virtually

Melissa Kingen - virtually Ashley Sullivan - virtually

Meredith Lilly

Mal Yabl

Alli Zieliński

Heather Ordos



Montessori Regional Charter School

Wellness Committee

Meeting – June 6, 2023

3:30 p.m.

AGENDA

1. Introduction to the purpose of the Wellness Committee and Committee Members
2. Meeting Purpose and Timing
3. Review Wellness Policy Goals

- Goal: Montessori Regional Charter School will provide a presentation from the Nutrition Group in our Healthy Living class during the 2018-2019 school year. The Healthy Living class provides education for all around student wellness for our K-6 student body. ~~2023-2024~~
- Goal: Montessori Regional Charter School will collect food items for the local food bank during the 2018-2019 school year. ~~2023-2024~~
- Goal: Montessori Regional Charter School will offer cross country, mixed dance and a walking program as after-school activities. + add additional activities
- Goal: Montessori Regional Charter School will provide Nutri-Slice menus on our website which provide nutritional information for foods served through the National School Lunch Program.

need to generalize

generalize

Next mtgs. - September