



FREE SCHOOL MEALS

FOR ALL STUDENTS!

**Montessori Regional
Charter School
has implemented the
Community Eligibility
Program (CEP) throughout
the 2023-24 school year.**



WHAT DOES THIS MEAN FOR YOUR CHILD/CHILDREN?

What does this mean for your child/ children? He or she is eligible for FREE BREAKFAST and FREE LUNCH at school during the 2023-24 school year. Your child/children can participate in school breakfast and lunch without having to pay a fee or submit an application. No further action is required by you.

ALL MEALS MEET FEDERAL AND STATE GUIDELINES.

All meals will meet federal and state guidelines. Students must take 3 of the 4 items offered at breakfast, and 1 of those items must be a 1/2 cup fruit. At lunch, students must take 3 of the 5 items offered and 1 of those items must be a 1/2 cup fruit or vegetable.

We are excited to introduce the “Pack and Carry” Option! Students that still want to pack a lunch may do so and also still participate in school lunch. We offer fresh fruits (apple, banana, orange, etc.), fresh veggies (baby carrots or tossed salad for example) and a choice of milk. for students to take as they go through the serving lines. These items, along with the packed items, will help complete their lunch at no additional cost to you.

