



MONTESSORI REGIONAL CHARTER SCHOOL

April/May Menu 2021



ALL STUDENTS AND SIBLINGS 18 YEARS OF AGE AND UNDER can sign up to receive 3 days of breakfast and lunches via Parent Square.

Sign-ups due by Wednesday's at 4:00pm

Distribution takes place on Friday's 3:30-5:30

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate and Fat Free White

This institution is an equal opportunity employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Apr 26 Breakfast Cinnamon Roll Juice / Fruit / Milk Lunch Chicken Nugget Munchable Or Ham & Cheese Sandwich Seasoned Green Beans Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	Apr 27 Breakfast Mini Strawberry Cream Cheese Bagels Juice / Fruit / Milk Lunch Cheeseburger on a Bun Or Chef Salad w/ Sliced Bread Crispy Tater Tots Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	Apr 28 Breakfast Soft Filled Cocoa Puffs Bar Juice / Fruit / Milk Lunch Nacho Munchable Or Turkey and Cheese Wrap Golden Corn Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	Apr 29 Breakfast Breakfast Bar Juice / Fruit / Milk Lunch Macaroni & Cheese w/ Sliced Bread Or Chef Salad w/ Sliced Bread Steamed Broccoli Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily
May 3 Breakfast Poptart w/ Crackers Juice / Fruit / Milk Lunch Fiestada Pizza Or Ham & Cheese Munchable Crispy Crinkle Fries Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 4 Breakfast S'mores Breakfast Bar Juice / Fruit / Milk Lunch Corn Dog Nuggets Or Garden Salad w/ Sliced Bread Fresh Carrots Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 5 Breakfast Apple Frudel Juice / Fruit / Milk Lunch Crunchy Fish Sticks Or Ham & Cheese Sandwich Crispy Tater Tots Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 6 Breakfast Banana Bread Slice Juice / Fruit / Milk Lunch Beef & Cheese Nachos w/ Sliced Bread Or Turkey & Cheese Wrap Sweet Corn Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily
May 10 Breakfast Soft Filled Cinnamon Toast Crunch Bar Juice / Fruit / Milk Lunch Smith's Hot Dog on a Bun Or Turkey & Cheese Sandwich Green Beans Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 11 Breakfast Cherry Frudel Juice / Fruit / Milk Lunch Pasta w/ Meatsauce Or Cereal, Yogurt & String Cheese Steamed Broccoli Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 12 Breakfast Blueberry Mini Loaf w/ Crackers Juice / Fruit / Milk Lunch Popcorn Chicken w/ Sliced Bread Or Ham & Cheese Wrap Mashed Potatoes w/ Gravy Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily	May 13 Breakfast Mini Cinnis Juice / Fruit / Milk Lunch Crispy Chicken Sandwich Or Chef Salad w/ Sliced Bread Crispy Crinkle Fries Assorted Fruit Milk Choice *Peanut Butter & Jelly Sandwich Offered Daily