



Start Your Day Off Right

Eating Breakfast at School Does More than Benefit Your Child; It Gets Your Day Off to a Great Start Too!

The Cost of School

Breakfast

\$1.25 for Full Price Students

\$0.30 for students receiving reduced priced lunches

Free for students receiving free lunches

It could cost you **\$1.50** or more each day to serve the same healthy balanced breakfast at home.

School Breakfast Provides Your Child with Delicious Whole Grain Choices, Fresh Fruit, 100% Fruit Juice and Cold Low Fat Milk.



- * It has been proven, children who eat a well balanced breakfast concentrate better in class and excel in their studies.
- * Eating a healthy breakfast also improves behavior and attention among students.

What School Breakfast Means to YOU!

- * No more hectic mornings trying to grab something on the way out the door.
- * Hit that snooze button once more, because you don't have to fix breakfast.
- * Fewer groceries to buy.
- * Peace of mind knowing your child is off to a great start everyday.